

Wheels for Wellness

Month in Review

Feb, March, April
2023



Stats

February

of transports 247
mileage 587.25
volunteer hours 260.5

March

of transports 290
mileage 7027.5
volunteer hours 313.75

Number 2023 Transports
Quarter 1: 793

Month in Review is BACK

Happy Spring! I hope you've been enjoying the beautiful weather and how fresh, green and bright everything looks from the sun and rain. Thank you for your patience and understanding the past few months when a the Month in Review has not been published.

WFW was the beneficiary of the Rotary International Affair of Food and Wine on March 31 and we held our annual Tablescape fundraiser on April 23. Working on those two major events and me being a little under the weather recently has put me behind. I hope to get back on track with this edition!

Traci



Did you know?...

How well do you know your state?

What is the Virginia state fish?

What is the Virginia state tree/flower?

What is the Virginia state bird?

How many state parks are in VA?

What is the biggest city in VA?

When did Virginia achieve statehood?

How did Virginia get its name?

Month in Review



In Memory

WFW Client, Bonnie Judy, May 6, 2023

Upcoming Events

May 29
Memorial Day

Summer date TBA
Volunteer Luncheon

Partnership with Marlow Motors



Marlow Motor Company
707 N Commerce Ave
Front Royal VA 22602
540-635-4158

Service Open:
Mon to Fri: 6am To 10pm
Sat: 8am to 4pm

Tri-State Nissan
1230 Millwood Pike
Winchester, VA 22602
540-667-6800

Service Open:
Mon to Fri: 6am To 10pm
Sat: 7am to 4pm

Marlow Ford
1021 US-211 West
Luray, VA 22835
540-743-5128

Service Open:
Mon to Fri: 6am To 10pm
Sat: 7am to 4pm

**All Makes
& All Models**

**No Appointment
Needed**

**Free Pick Up &
Delivery**

REVVING UP CARE OUR COMMITMENT TO WHEELS FOR WELLNESS

For The Volunteers

We will offer all volunteers a **15% discount on automotive repairs and maintenance**. We understand all the dedication and hard work you put in to make a difference in our community. We want to offer you this special discount as a small token of our appreciation.

Plus, any applicable tax, shop supplies, and fees. Maximum discount \$100. Please present your volunteer badge before the write-up to receive a discount. It cannot be combined with other offers or specials and does not apply to already discounted services. One coupon per customer per visit. Not valid on previous services. Most vehicles. Other Restrictions may apply. See dealer for details.





Goodbye to a Volunteer

WFW Volunteer, Carolyn Waters, will be leaving the area in June to move closer to family. Please join us in wishing her well and thanking her for her service to WFW!

An International Affair of Food and Wine

Wheels for Wellness was chosen as the beneficiary of the Rotary Club of Winchester's *International Affair of Food and Wine!*

on March 31. The event featured many local premier restaurants who prepared wonderful appetizers that were paired with domestic and international wines as well as flavored spirits created by Dr. Stoner. The evening event was a success and WFW will be attending the June 1 Rotary meeting to accept a check from the event.



Month in Review

Reporting your trip statistics

Please remember to keep track of your mileage and time for each and every transport that you complete. At the end of the month please email them to Mike at FaithIA@valleyhealthlink.com (*Email address will be changing soon*). Please send them as quickly as possible after the end of the month, statistics are used for reporting and grant applications so having the most up to date and recent information is helpful. Some volunteers send an email with their time and mileage after each transport, that practice is fine to continue if its easier for you.

Please round your mileage to the nearest quarter mile and
Round your time to the nearest quarter hour.

If you have any questions, please let us know!



Tablescapes 2023

WFW held its 7th annual Tablescapes fundraiser on Sunday, April 23 at Millwood Station. The elegant afternoon event featured 24 decorated dining tables including a Blue Willow display, vintage linen displays and the popular "What is it?" table. The showcase also featured a display of (mostly) vintage cream and sugars, glass baskets from the Valley Glasshoppers, a raffle, silent auction, door prizes, beautiful harp music and refreshments. With the help of sponsors, ticket sales, raffle, auction and donations the event raised about \$12,500 for the program.



Month in Review

Tablescapes photos from 2023

more on the WFW website www.Wheels4Wellness.org



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Tablescapes photos from 2023

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1705 Anthony Street, Suite 101
Winchester, VA 20181
(540) 462-2181

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MARY CRISPINO
LICENSED INSURANCE AGENT



Kimberli Ball



Dr. and Mrs. Nelson Kenhower



Brona Check-Tyson

Month in Review

Questions, Comments or Suggestions?

Do you ever have questions about Wheels for Wellness?

- Operations?
- Volunteers?
- Suggestions?
- Comments?
- Guidelines?
- Clients?
- Observations?
- Complaints?



Please feel free to email or call anytime!. Wheelsforwellness@outlook.com

Did you know?



What is the Virginia state fish?

Brook Trout

What is the Virginia state tree/flower?

Flowering Dogwood

What is the Virginia state bird?

Cardinal

How many state parks are in VA?

41

What is the biggest city in VA?

Virginia Beach

When did Virginia achieve statehood?

1788. 10th State

How did Virginia get its name?

Named by Sir Walter Raleigh for Elizabeth, the Virgin Queen of England.