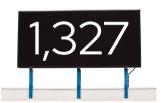
## Month in Review





1,327....The number of transports completed during the first quarter of 2023. That is MORE than the ENTIRE year of 2022!!!

That is amazing! We are on track to reach and most likely surpass pre-pandemic numbers by the end of the year. To accomplish this we need more volunteers, if you have friends, family, neighbors or any other acquaintances who would enjoy volunteering please tell them about WFW. They can call the office or direct them to the website www.Wheels4Wellness.org for more information and an application.



June
# of transports 267
mileage 6,788
volunteer hours 293

Number 2023 Transports: 1,594



The hottest day on record in Virginia is July 15, 1954 topping at 110 degrees

June is actually the third most popular most popular wedding month in Virginia, only 11% of weddings are held in June.

In an article published in 2022 by www.patch.com Virginia was ranked as the 5th best state in which to live

In 2022; 301, 163 new cars were purchased in Virginia

# Month in Review

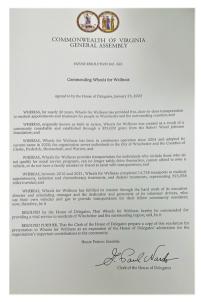


Wheels for Wellness has been commended by the Commonwealth of VA House of Delegates for providing a vital service to the residents of Winchester and surrounding areas.

Signed House Resolution #263 was recently received in the WFW office, thanks to Delegate Goditis for presenting the resolution and laying it on the speakers desk.

The full resolution can be read at https://lis.virginia.gov/cgi-bin/legp604.exe?231+sum+HR263





### In Memory

WFW Client, Judy Miller passed away July 2 under Blue Ridge Hospice Care



https://www.winchesterstar.com/obituaries/judith-abe-miller-judy/article\_a079ba08-511c-5c07-be1f-657f7727c1b4.html

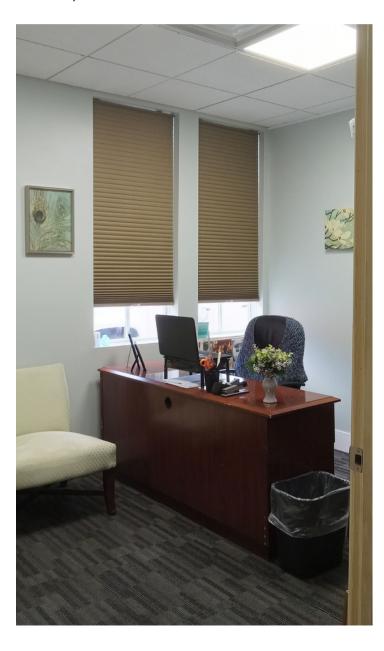
## Month in Review

### Moving Day

The Wheels for Wellness office has moved!

Not far, still in the same building on the beautiful Our Health campus, just to a different office. A newly built and freshly painted space is a refreshing upgrade from the 45 square foot office we occupied when WFW first moved to the campus in 2016 (I believe, possibly 2015).

There's actually room for a second chair!



### **Upcoming Events**

Summer date TBA Volunteer get-together?



Watch for Busses

Winchester City schools return August 10

Frederick Co Schools return August 15

Monday, September 4 Labor Day

301 N. Cameron Street
Suite 104

# Month in Review

### Shenandoah Valley Electric Cooperative Operation Round Up

If you're a SVEC customer you may already be familiar with Operation Round Up. Customers may round their bill to the next dollar, donating that change to LOCAL non-profits. Wheels for Wellness has been fortunate to be one of those nonprofits that receives a grant through SVEC Operation Rround Up. WFW Director, Traci Toth, was recently presented with a check for \$1,500 at the WFW office by Preston Knight, Communications Manager for SVEC.



If you're not an Operation Round Up participant, we enourage you to enroll. Your spare change helps add up to dollars for the community. Did you know that on average, it costs the customer about \$6.00 per year to enroll? Less than a latte.

## Month in Review



WFW Volunteers are the glue that keeps the program running and makes sure the individuals we serve make it to their appointments and make it home, every appointment, every week, month after month. WFW drivers have become known to be on time, safe and courteous.

We began the year and welcomed new drivers and one has moved from the area. New client applications continue to arrive frequently. January through June of 2023 a total of 28 new client applications have been received and approved and an additional seven that were for one-time only transports.

To keep up with the demand I have used every opportunity that has presented itself to recruit new drivers and it will be a priority over the remainder of this year and into next.

If you have any suggestions or know of anyone who may be interested please send them my way or let me know. More information about volunteering can be found on our website at www.Wheels4Wellness.org



## Month in Review

### **Healthy Living Events**





- June 20, 2023
- July 18, 2023
- August 15, 2023
- September 19, 2023

Every Third Tuesday Our Health Campus

10am - 2pm

Come learn about our community's resources for healthy living. Our Health partners' clients are eligible to receive a FREE \$5-10 coupon for fresh produce at the Marker-Miller Orchard's booth!

Free Medical and Dental Screenings - Nutritionist Consultations - Fresh Produce and Baked Goods - and More!

See reverse side for more details about produce coupons and community resource groups who are attending.





#### OUR HEALTH, INC

329 N. Cameron St. Suite 200 Winchester, VA 22601 540-536-1600 www.ourhealthya.org It's that time of year again and Our Health will be hosting their Healthy Living events on the campus green once a month through September.

Marker Miller always brings the best fresh produce from their fields.

If you transport a client who could benefit from the free screenings, please mention it to them as well as the \$5/\$10 voucher they may be eligible for to spend at the Marker Miller booth.

(I always drop by Marker Miller and buy their tomatoes and peaches, they are wonderful!)

## Month in Review

#### Partnership with Marlow Motors

Please don't forget about our partnership with Marlow Motors and take advantage of this discount they're offering volunteers before you head out for your summer vacations!



## REVVING UP CARE OUR COMMITMENT TO WHEELS FOR WELLNESS

#### For The Volunteers

We will offer all volunteers a <u>15% discount on automotive repairs</u> and maintenance. We understand all the dedication and hard work you put in to make a difference in our community. We want to offer you this special discount as a small token of our appreciation.



Plus, any applicable tax, shop supplies, and fees. Maximum discount \$100.Please present your volunteer badge before the write-up to receive a discount. It cannot be combined with other offers or specials and does not apply to already discounted services. One coupon per customer per visit. Not valid on previous services. Most vehicles. Other Restrictions may apply. See dealer for details.

### Marlow Motor Company

707 N Commerce Ave Front Royal VA 22602 540-635-4158

Service Open: Mon to Fri: 6am To 10pm Sat: 8am to 4pm

#### Tri-State Nissan

1230 Millwood Pike Winchester, VA 22602 540-667-6800

Service Open: Mon to Fri: 6am To 10pm Sat: 7am to 4pm

#### Marlow Ford

1021 US-211 West Luray, VA 22835 540-743-5128

Service Open: Mon to Fri: 6am To 10pm Sat: 7am to 4pm

All Makes & All Models

No Appointment Needed

Free Pick Up & Delivery