



WHEELS FOR WELLNESS

Month in Review
March and April 2022

STATISTICS



March 2022

Miles Driven 3,731.5
Volunteer Hours 166
Numbers of Transports 150

April 2022

Miles Driven 2,639.5
Volunteer Hours 130.25
Numbers of Transports 102

Number of unduplicated clients in 2022: 34

UPCOMING EVENTS

May 30	Memorial Day
June 10	Project Connect @ VA Ave Elementary
June 21	WFW BOD Strategic Planning session
July 4	Independence Day
October 13	Top of VA Triad Senior Resource Fair, more information to come

Did you know...

- The George Washington Bridge is the most traveled bridge in the US
- In 1902 the first speeding ticket was issued, the driver was going 45 MPH
- One in every seven jobs in the US is related to transportation

Source: <https://www.fcc-inc.com/twelve-facts-you-may-not-know-about-transportation-in-the-us/>



Tablescapes

WFW held its annual fundraiser on Sunday, April 3 after a two-year hiatus due to COVID19. The event was a great success with a large guest turnout. With the help of sponsors, ticket sales, raffle, auction and donations we were able to raise just over \$13,000 for the program! Below are some photos from the afternoon, more can be seen on our website at www.Wheels4Wellness.org



Catch of the Day by Steve Kisner



Beautiful background harp music provided by Allen Dec



Interesting centerpiece by Brenda Miller for her table titled "Garden of Eating"



Auld Lang Syne by Traci Toth



One of our most popular displays, "What is it?" a table full of items while commonly used in the past for cooking and entertaining are rarely seen today. Guests enjoy guessing what the items are or are used for.



Bunny Hop Brunch by Diane Ruckman



Berried Treasure by Traci Toth



This beautiful table was created and donated by Diane Ruckman and Tricia Simpson. The contents of the table (with the exception of the tablecloth and nut cups) were auctioned.



People's Choice Award Winner
Noel, Noel by Karen Shipp and Lori O'Neill



Decorator's Choice Award Winner
 Highland Supper
 By Betty Sparrow and Karen Patton



East meets West
 By Patty Taylor



The table created by Fran Jeffries and Michelle Hall, titled Forget-Me-Not at Tea Time was a gorgeous display of hand painted china all created by her mother



Another guest favorite, "Same Plate, Different Take". A set of 6 matching plates are distributed to 6 different decorators, each set one place setting as they see the plate. An interesting way to see how everyone interprets it differently. Look closely, each place setting uses the same salad plate. No one sees each other's setting until the event.

Top row: Tricia Simpson, Lori O'Neill and Traci Toth
 Bottom row: Sue Spangler and Carol Rogers, Marsha Barley and Diane Ruckman


Please SAVE THE DATE to join us for *Tablescapes 2023*
SUNDAY, APRIL 16, 2023



As of today, on the CDC website, Frederick Co, VA is listed as LOW

Know the COVID-19 Community Level where you live

[COVID-19 Community Levels](#) are a tool to help communities decide what prevention steps to take based on the latest data.

 **Low**

- Wear a mask based on your personal preference, informed by your personal level of risk

This page on the CDC website is helpful, you may quickly and easily search any state or county in the US.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>



Have you ever considered serving on the Board of Directors?

Wheels for Wellness has three open seats on the Board. If this is something you would have interest in learning more about please contact Traci at the WFW office or wheelsforwellness@outlook.com

Your 2022 Board of Directors:

Ann Lamanna, Chair	Karen Shipp, Vice-Chair	Dr. Nelson Isenhower, Treasurer
Patty Taylor, Secretary	Diane Ruckman	Betsy Bellingham
Barbara Morris	Susan Ralls	RoseAnna Fisher
Brittni Athey	Brona Cheek-Tyson	

When writing funding requests, the grantors will review a lot of the organizational information on Guidestar and Great Nonprofits.

WFW has achieved a PLATINUM seal of transparency from Guidestar/Candid for 2022. To learn more about the organization you can find it at www.Guidestar.com and search for Winchester-Frederick-Clarke Faith in Action.

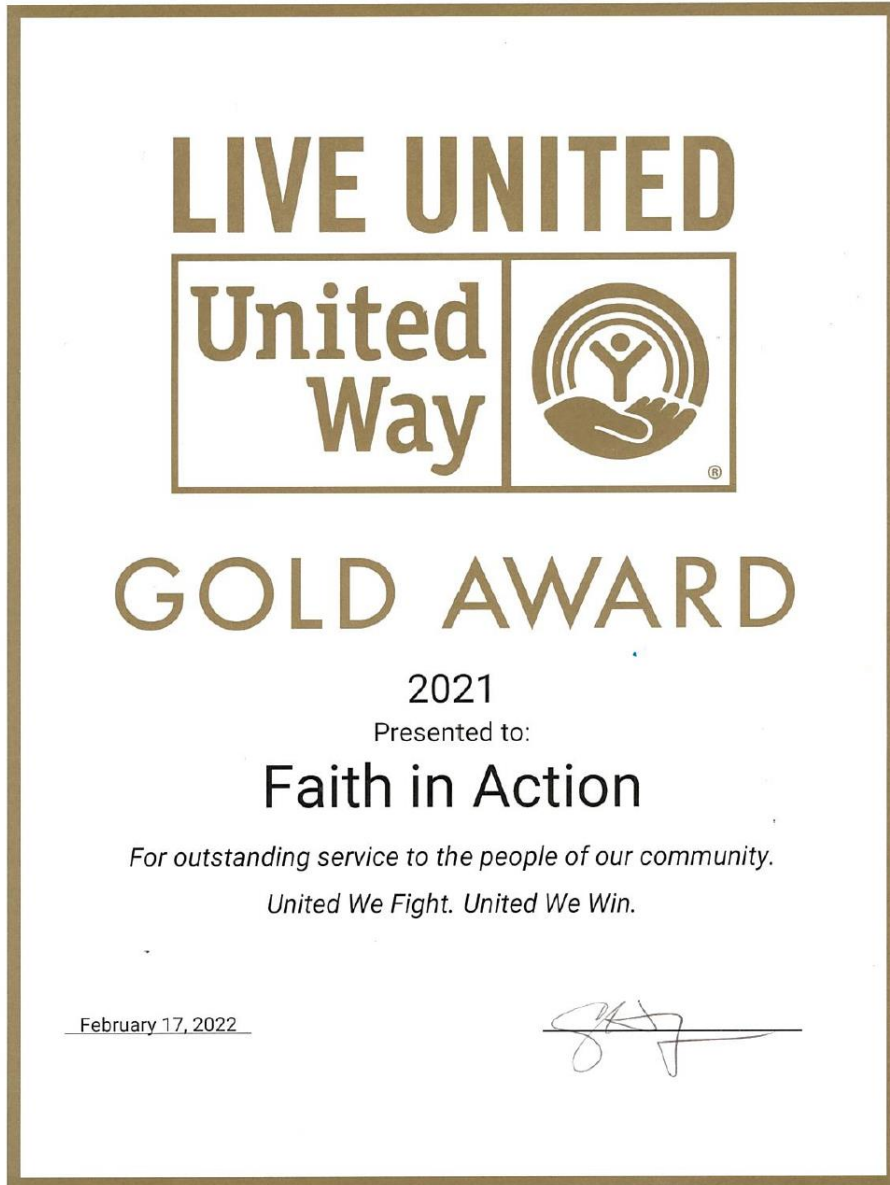
Great Nonprofits is also a resource for grantors and donors to learn more about the organization. Please take a few minutes to share your experience as a volunteer.

Donors love to read how the organization is making a difference in the community.

Go to www.GreatNonprofits.org and search for Winchester-Frederick-Clarke Faith in Action



WFW was recently awarded the United Way **GOLD** Award for outstanding service to those in our community



Valley Assistance Network will be holding Project Connect next month, June 3 in Woodstock and June 10 in Winchester.

WFW will be at the June 10 event in Winchester. Please refer clients, friends and neighbors to this free resource to access over 50 providers all under one roof for the day.

To learn more visit www.unitedwaynsv.org/projectconnect

